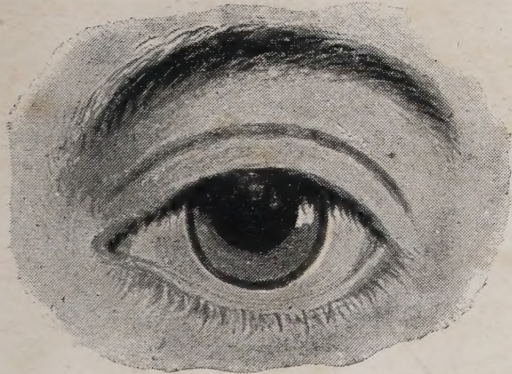




DEFECTIVE VISION . . .

Issued by

THE ESSEX OPHTHALMIC INSTITUTE,

Eyesight Specialists and Qualified Refractionists,

(By Examination, London, 1883.)

343 High Street North,

Manor Park, E.

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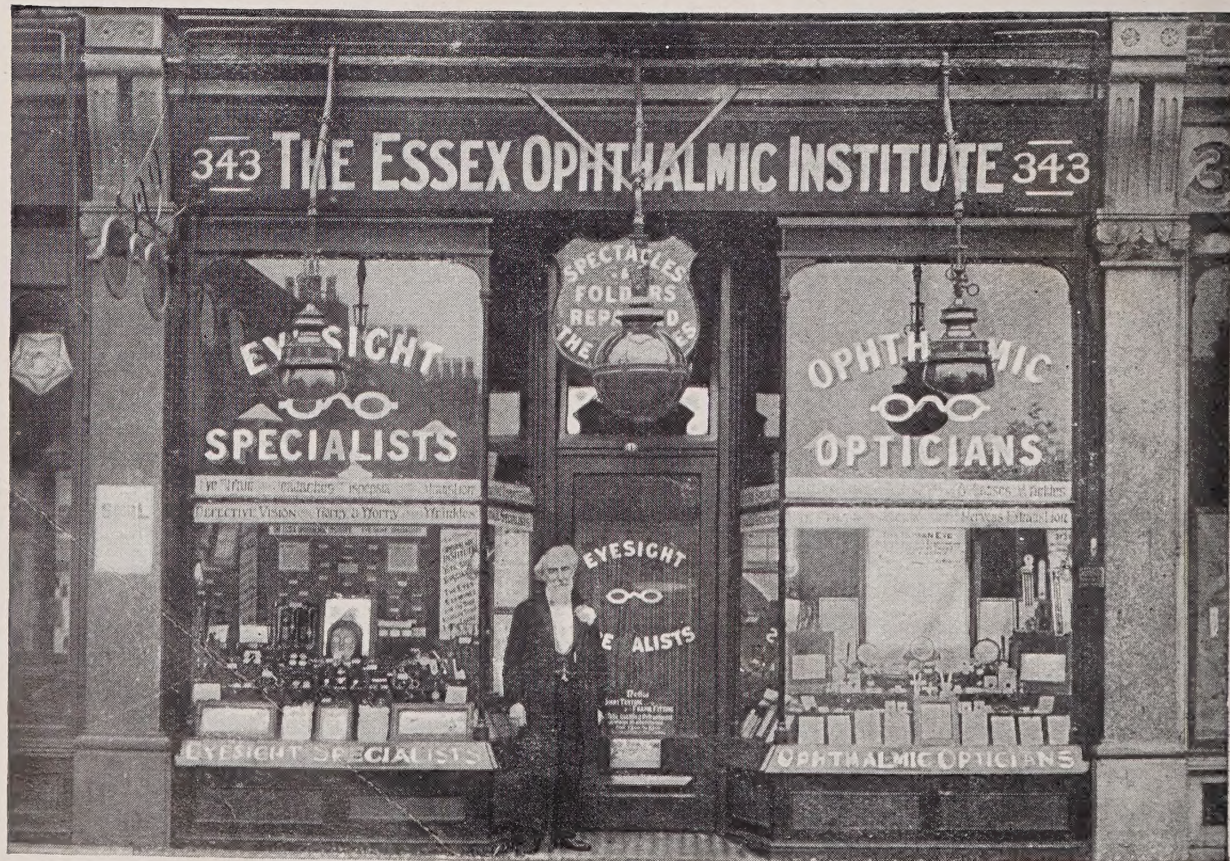
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Defective Vision and the
Scientific Adaption of
Spectacles & Eyeglasses.



Examination
"FREE OF CHARGE."

Of the senses with which man is endowed, is there one more important, more precious, than the "**Sight?**" With the exception of the loss of **Reason** there is, perhaps, no greater calamity than **loss of sight**, yet how many thousands there are in a state of almost **total blindness**, brought about entirely by neglect or want of knowledge. Hence the **great Importance** of a watchful, loving care of the most precious organ, "**The Human Eye.**"

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First Spectacles.

When the Eyes begin to fail, optical advice should be taken at once. It is an all too-common practice for people to buy their first pair of Spectacles from a Jeweller or a Chemist. They say to themselves, "I will see how they answer before I go to a Specialist."

This error of judgement originates from lack of knowledge, and is responsible for Chronic Eye Troubles, to a great extent.

"First Spectacles," for Reading or Needlework, should only be given after proper testing, in order to ensure against future complications.

Glasses help and do not injure

Another fallacy that unfortunately obtains to a great extent, is the mistaken idea, that if Glasses are worn too soon they will injure the sight.

Glasses cannot be worn too soon if the Eyes are defective—a point that careful examination will make clear. Unhappily, there are too many people in this Country who err on the side of neglect of the Eyes, and put off the wearing of Glasses until they need the services of an Ophthalmic "Surgeon," rather than of the Ophthalmic "Optician."

Near or Short Sight (Myopia).

Near Sighted, or as they are technically known, **Myopic** persons, although the defect may be only slight, should be specially careful with their eyes, as it is a condition which, unless carefully attended to, rapidly grows worse.

Near or Short Sight, or inability to read names of streets, etc., needs proper Lenses so as to give, at once, perfect vision, and so save all straining of the eyes. A **Short Sighted** person without correctly adapted Lenses, loses half the pleasures of life, besides the great injury to general bodily health caused by **Eye Strain**

Far Sight (Hypermetropia)

Technically known as Hypermetropia, requires special attention in young children, as "**Squinting**" is often caused by this, and in some cases it turns to apparent **Near Sightedness**. A condition of this kind requires a large experience to detect, and if the eyes were not most carefully dealt with, the wrong Lenses would be selected, causing great future trouble.

Old Sight (Presbyopia)

This is a condition that generally sets in at about 40 years of age, and is first recognised by the difficulty experienced in reading small print, particularly at night time, when the letters appear to run into one another and the eyes ache after continued use. It is often noticed that the print appears more distinct when held at a greater distance than usual from the eyes.

If prompt attention is given to this, the eyes may be greatly preserved, but, if neglected, they become strained, rendering the correction much more complicated.

Astigmatism

Is a very troublesome defect of vision, and until recently was believed to be without remedy, yet it is, in a more or less degree, the most frequent condition of the **Human Eye**. It frequently shows itself in an inability to see horizontal and vertical lines with equal clearness, parts of letters will almost disappear while reading, circles will sometimes appear as ovals, etc. It is one of those defects that requires the utmost skill of the qualified Refractionist in the adjustment of the Lenses required.

Odd Sight

It very frequently happens that one eye is different from the other—each eye must have its own proper lens. This is of the utmost importance, so extremely does the right eye occasionally differ from the left.

Head-ache (Ocular)

Many cases of Head-ache are due to defective Eyesight, and are quickly and permanently relieved by the use of correctly adapted Lenses.

Those who suffer from this, should lose no time in having their eyes properly examined, as the Lenses required are usually inexpensive, and the relief obtained cannot be adequately expressed.

Eye-Strain

Causes Head-ache, Inflammation, Weak Eyes, Inability to stand the Light, Neuralgia, Irritability, Brain Fag, and general Nervous Exhaustion. Lenses are the only cure.



Children's Eyes

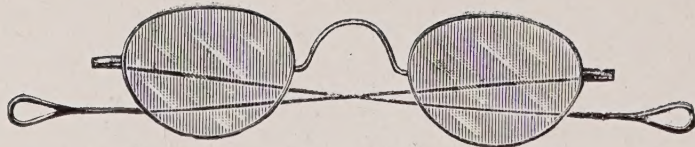
Parents should have the eyes of their children examined before school life commences. In London, between the ages of 8 and 13 years, quite 60 per cent. of School Children have Defective Sight. This is the cause of many a child's apparent dulness. If Lenses are accurately fitted to the eyes of a child who needs them, he or she will be given a better chance in life, and they will be raised to the level of their class mates. Children with a tendency to Squint, in most cases can be cured.



Two-Sight Spectacles

Bi-Focal, or Two-Sight Spectacles, give complete and comfortable vision for both reading and distance. They are a great comfort in Reading and Walking, and avoid the necessity of having two pairs of Spectacles.

Double Sighted Lenses are a great boon to busy people, (when Reading and Distance Lenses are necessary,) saving a great amount of time and inconvenience in changing from one pair to another.



Spectacle and Eyeglass Frames

We have in use the most modern and most scientific systems and appliances for the examination of the eyes, the accurate testing of the sight, and the adaptation of the Lenses necessary.

Beyond the importance of smartness in appearance, an accurate fit is most essential, as the most carefully ground Lenses have their effect entirely altered, if the position in which they are placed in **front of the eyes** is not absolutely exact.

We test each Patient's eyes carefully. and if we find Spectacles are not necessary we do not recommend them and **should the condition of the eyes show signs of Pathological disorder** we can discover it and advise for the best.

Many persons will not commence wearing Glasses. They think, and think wrongly, that they will make them look old.

A pair of good Lenses, accurately fitted to the eyes, and suited to the contour of the face, will add to, rather than detract from, the personal appearance.

With correctly chosen Lenses the strain will be relieved, the eyes see naturally, and the face resume its normal happy expression.

Words of Advice.

If you are in doubt as to whether you possess perfect sight, call at once, and have your eyes scientifically tested. You will have nothing to lose, but probably much to gain.

Conclusion.

A Study of the Anatomical and Physiological features of the various structures, together composing the beautiful optical machinery we call the "eye," is a most fascinating one. In fact, the Eyes afford the most interesting and attractive subject for thought and study to be found in the Human Body.

The Subject is a most important one, and if in these few paragraphs I have awakened some to the great importance of a watchful care over "The Greatest Gift possessed by Man," I am satisfied I shall have devoted a few hours for the common good.

The Public are cautioned against self-styled Eye-sight Specialists
who have neither qualifications or experience.

The Essex Ophthalmic Institute,

Eyesight Specialists & Qualified Refractionists,

(By Examination, London, 1883.)

343 High Street North,

Manor Park, E.

A Qualified Specialist with 40 years experience always in attendance.